



**LUNDS**  
UNIVERSITET

*Department of Arts and Cultural Sciences*  
*Division of Art History and Visual Culture*

**Course Literature KOVE01, Arts, Creative Health, and Wellbeing, 5 ECTS**

*Additional shorter texts may be added by teachers.*

*Approved by board of the Department of Arts and Cultural Sciences 2024-07-13.*

Abram, David (2010) Becoming Animal, *Green Letters*, 13:1, 7–21.

<https://doi.org/10.1080/14688417.2010.10589067> (15p.)

Carew, Thomas J. & Ramaswami, Mani (2020). The Neurohumanities: An Emerging Partnership for Exploring the Human Experience, *Neuron* 108:4, 590–593. (4p.)

DOI: [10.1016/j.neuron.2020.10.019](https://doi.org/10.1016/j.neuron.2020.10.019)

Chatterjee, H. J., Paul M. Camic, P.M., Lockyer, B & Thomson, L.M. (2018). Non-clinical community interventions: a systematised review of social prescribing schemes, *Arts & Health*, 10:2, 97–123, <https://doi.org/10.1080/17533015.2017.1334002> (26p.)

Clift, S. & Camic, P. (2016). Introduction to the field of creative arts, wellbeing and health: Achievements and current challenges. In: Stephen Clift & Paul M. Camic (eds.), *Oxford Textbook of Creative Arts, Health, and Wellbeing: International perspectives on practice, policy, and research*. Oxford, UK: Oxford University Press, 3–10 (7p.)

Curtis, Robin (2014). An Introduction to Einfühlung, *Art in Translation*, 6:4, 353–376, <https://doi.org/10.1080/17561310.2014.11425535> (23p.)

Dissanayake, Ellen (2001), Becoming Homo Aestheticus: Sources of Aesthetic Imagination in Mother-Infant Interactions, *SubStance*, 30:1–2, Issue 94/95: Special Issue: On the Origin of Fictions: Interdisciplinary Perspectives, 85–103. DOI: 10.2307/3685506 (18p.)

Ferneer, Carina Ribe & Gabrielsen, Leiv Einar (2020). Chapter 6–Wilderness Therapy. In: Nevin J. Harper & Will W. Dobud (eds.), *Outdoor Therapies. An Introduction to Practices, Possibilities, and Critical Perspectives*. Routledge. ISBN 9780367365707 (18p.)

Fran Baum, F. *Understanding Health: Definitions and Perspectives*, In *The New Public Health* (4<sup>th</sup> edition) Oxford University Press, 2016. [BAUM\\_9780195588088\\_SC.pdf](https://www.oup.com.au/9780195588088_SC.pdf) ([oup.com.au](https://www.oup.com.au)) (16p.)

Gallese, V. (2019). Embodied Simulation. Its Bearing on Aesthetic Experience and the Dialogue Between Neuroscience and the Humanities. *Gestalt Theory*, 41:2, 2019, 113–128. DOI: <https://doi.org/10.2478/gth-2019-0013> (15p.)

Grehan, M. (2016). *An Introduction to Arts and Health 10 Things to Consider*. Waterford Healing Arts Trust. [An-Introduction-to-Arts-And-Health-10-Things-to-Consider.pdf](https://artsandhealth.ie/An-Introduction-to-Arts-And-Health-10-Things-to-Consider.pdf) ([artsandhealth.ie](https://artsandhealth.ie)) (32p)

Hallberg, Gry Worre (2020), Sisters Academy as a space and time for experimentation and healing, *PERISKOP*, no. 24, 136–155. <https://doi.org/10.7146/periskop.v2020i24.126183> (19p.)

Jensen A. (2022). Arts on prescription (AoP) in primary healthcare in Sweden. *Perspectives in Public Health*, 142:2, 64–65. <https://doi.org/10.1177/17579139211072772> (2p.)

Jensen, A., & Bonde, L. O. (2018). The use of arts interventions for mental health and wellbeing in health settings. *Perspectives in public health*, 138:4, 209–214. <https://doi.org/10.1177/1757913918772602> (5p.)

Klausen, R. K., Haugsgjerd, S., & Lorem, G. F. (2013). “The Lady in the Coffin”—Delusions and Hearing Voices: A Narrative Performance of Insight. *Qualitative inquiry*, 19:6, 431–440. <https://doi.org/10.1177/1077800413482096> (9p.)

Klausen, R. K. (2016). “Why did I try to kill myself?”: A narrative context analysis of Marianne’s story. *Social Work in Mental Health*, 14:3, 260–270. <https://doi.org/10.1080/15332985.2015.1005274> (10p.)

Liljefors, Max (2024). Butoh and Embodied Transformation, *Nordic Journal of Aesthetics*, no. 68, 90–114. (24p.)

Liljefors, Max (2020), Knowledge worlds apart: Aesthetic experience as an epistemological boundary object. In: Kristofer Hansson & Rachel Irwin (eds.), *Movement of Knowledge. Medical humanities perspectives on medicine, science, and experience*. Lund: Nordic Academic Press, 205–232. <https://doi.org/10.21525/kriterium.24> (27p.)

Mikalonyté, Elzé Siguté, et. al. (2025). Transformed by Beauty: Aesthetic Appreciation Increases Abstract Thinking and Self-Transcendent Emotions in an Art Museum. *Empirical Studies of the Arts*, 0:0, 1-24 (24p.) <https://doi.org/10.1177/02762374251337699>

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Pizzolante, Marta, et. al. (2024), Aesthetic experiences and their transformative power: a systematic review, *Frontiers in Psychology*, vol. 15, 1–22 (22p.) <https://doi.org/10.3389/fpsyg.2024.1328449>

Seel, Martin (2014). Active passivity: On the aesthetic variant of freedom. *Estetika: The Central European Journal of Aesthetics*, 51: 2, 269–81. doi: <http://doi.org/10.33134/eeja.127>

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Shusterman, Richard (2008), Art and Religion, *The Journal of Aesthetic Education*, 42:3, 1-18. <https://www.jstor.org/stable/25160287> (18p.)

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Singer, Tania & Klimecki, Olga M. (2014). Empathy and Compassion. *Current Biology*. 24:18, 875–878. (4p.) <https://doi.org/10.1016/j.cub.2014.06.054>

Sørly, R., Mathisen, V., & Nygaard, V. (2021). Mental health research in an Arctic indigenous context: The presence of silent dominant narratives. In: Rita Sørly, Tony Ghaye & Bård Kårtveit (eds.), *Stories of change and sustainability in the Arctic regions*, pp. 72–87. Routledge. <https://DOI:10.4324/9781003118633-5> (15p.)

Sørly, Rita, Vår Mathisen & Kvernmo, Siv (2021). “We belong to nature”: Communicating mental health in an indigenous context. *Qualitative Social Work*, 20:5, 1280–1296. <https://doi.org/10.1177/1473325020932374> (16p.)

Sørly, R., Karlsson, B., & Grant, A. (2019). My mother’s skull is burning: A story of stories. *Qualitative Inquiry*, 25:9–10, 1011–1021. <https://doi.org/10.1177/1077800418787547> (10p.)

Verschaffel, Bart. The World of the Landscape. *CLCWeb: Comparative Literature and Culture*, 14:3, 2012, 1–9. <https://doi.org/10.7771/1481-4374.2036> (9p.)

Vessel, E. A., Starr, G. G. & Rubin, N. (2013), Art reaches within: Aesthetic experience, the self and the default mode network. *Frontiers in Neuroscience*, vol. 7, art. 258, 1–9. DOI: [10.3389/fnins.2013.00258](https://doi.org/10.3389/fnins.2013.00258) (9p.)

Total number of pages: 443

## Recommended additional literature

Bungay H, Jensen A, Holt N. (2023). *Critical perspectives on Arts on Prescription*. Perspectives in Public Health. Published online May 12, 2023. <https://doi.org/10.1177/17579139231170776> (6p.)

Crawford, P., Brown, B., Charise, A. (2023). *The Routledge Companion to Health Humanities*. Routledge. ISBN 9781032570341 (492p.)

Fancourt, Daisy (2017). *Arts in Health: Designing and researching interventions*. Oxford University Press. Available as e-book via Lund University Library (LUB): <https://www-sciencedirect-com.ludwig.lub.lu.se/science/article/pii/S2468266722003139>

Han, Byung-Chul (2020), *Saving Beauty*. Polity Press. (95p.)

Jensen, A., Bungay, H. (2021). Swedish primary healthcare practitioners' perspectives on the impact of arts on prescription for patients and the wider society: a qualitative interview study. *BMC Health Serv Res* 21, 1277. <https://doi.org/10.1186/s12913-021-07258-7> (10p.)

Jensen, A., Holt, N., Honda, S. & Bungay, H. (2024), The impact of Arts on Prescription on individual health and wellbeing: A systematic review with meta-analysis, *Frontiers in Public Health*, vol. 12. <https://doi.org/10.3389/fpubh.2024.1412306> (19p.)

Koushede, V. & Donovan, R. (2022). Applying Salutogenesis in Community Wide Mental Health Promotion. In *The handbook of Salutogenesis*, (2<sup>nd</sup> Edition), Springer, 479–490. [https://doi.org/10.1007/978-3-030-79515-3\\_44](https://doi.org/10.1007/978-3-030-79515-3_44) (11p.)

Menninghaus, Winfried, et. al. (2017). The Distancing-Embracing model of the enjoyment of negative emotions in art reception. *Behavioral and Brain Sciences*, vol. 40, 347, 1–63. (63p.) <https://doi.org/10.1017/S0140525X17000309>

Riessman, C.K. (2008). Chapter 1–3, pp.1–77 in *Narrative Methods for the Human Sciences*. SAGE Publications. ISBN: 9780761929987 (77p.)